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### Thinking Body Dancing Mind Taosports

Thinking Body, Dancing Mind: Taosports for Extraordinary Performance in Athletics, Business, and Life Paperback – Print, May 1, 1994

### Thinking Body, Dancing Mind: Taosports for Extraordinary ...

A dancing mind is relaxed, visionary, and open to the full range of human possibility. "Thinking body, dancing mind" means that you have within you all that you need to be and to do anything you wish. The new attitudes and beliefs presented in this book will help you accomplish your goals and enjoy yourself in the process.

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Thinking Body, Dancing Mind Quotes Showing 1-1 of 1 "Real success or victory is measured by the quality of that very process of attention and mindful involvement, practice, and commitment." — Chungliang Al Huang, Thinking Body, Dancing Mind: Taosports for Extraordinary Performance in Athletics, Business, and Life

### Thinking Body, Dancing Mind Quotes by Chungliang Al Huang

By mastering the unique strategies and mental exercises of the TaoAthelete, you'll unlock the extraordinary powers of body, mind, and spirit that will lead you to victory in any field of endeavor. Praise for Thinking Body, Dancing Mind

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Thinking Body, Dancing Mind: Taosports for Extraordinary Performance in Athletics, Business, and Life 336 by Chungliang Al Huang , Jerry Lynch (With) , Huang C. Al Chungliang Al Huang

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### Thinking Body, Dancing Mind: Taosports for Extraordinary ...

Thinking Body, Dancing Mind : Taosports for Extraordinary Performance in Athletics, Business, and Life, Paperback by Huang, Chungliang Al; Lynch, Jerry (CON), ISBN 0553373781, ISBN-13 9780553373783, Brand New, Free shipping in the US Covers the synthesis of Eastern philosophy and Western techniques that can transform the way one thinks to make improvements in sport and life

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